



**FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# CHILD WATCH

## All About Child Watch

**Waco Family YMCA**  
6800 Harvey Dr.  
Waco, TX 76710  
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**Child Watch is for exclusive use by members of the YMCA with a family membership. It is a drop-in service and a convenient alternative to daycare designed to allow parents the opportunity to exercise worry-free. The children enjoy playing outdoors on the playground, participating in arts and crafts, gym time, reading groups, and other activities. Children can relax and enjoy socializing with other children. All Child Watch employees are first aid and CPR certified.**

## Information Concerning Activities

Your children will have the opportunity to interact with other children and the Child Watch staff using different areas of the YMCA. We incorporate a 1:12 staff to child ratio.

The different areas of the YMCA that will be utilized are listed below:

Playground  
Gym  
Child Watch  
Youth Classroom

During your child's visit, he/she will be placed into one of the following age groups:

6 weeks to 1 year old (not walking)

2 to 4 years old (walking)

5 to 12 years old (potty trained)

We do ask that you please let your child's caregiver know if there is an activity you **DO NOT** want your child to participate in.



## Child Watch Rules

### General Rules

1. Child Watch is for the exclusive use of YMCA family members only.
2. Children may attend Child Watch for a maximum of 3 hours per day.
3. If you are late picking up your child, there is a charge of \$5.00 per child for every 15 minutes.
4. We will only release a child to the parent who signed them in, unless previous notification has been given.
5. Children can only be dropped off and picked up by an adult (someone 18 years or older).
6. Parents must remain on the YMCA grounds while children are signed into Child Watch.
7. If a child continually cries up to 15 minutes, the parent/s will be paged.
8. Only bottles/cups labeled with your child's name will be given to them.
9. Only toddler snacks and bottles/cups are allowed in Child Watch.
10. Shoes must be worn at all times while in the center and outside in the play area.
11. If your child is walking, closed toed athletic shoes must be worn in order to participate in activities in the gym/playground.
12. Children over the age of 12 will not be permitted into Child Watch.

### Misbehavior Policy

If your child repeatedly misbehaves and is disrespectful towards other children and/or caregivers, we will interrupt your workout to handle the situation. You will be called to Child Watch if your child, after being warned, continues to act inappropriately. If after repeated misbehavior, your child cannot be controlled and is seen as a threat or constant distraction to the other children and staff, you will receive a letter of suspension. Your child's privileges will be suspended for a pre-determined amount of time.

**We realize these guidelines seem strict, but please remember that we are trying to keep your children safe and well. The Waco Family YMCA reserves the right to refuse service for matters of health, hygiene and behavior.**

## Requirements for Admission into Child Watch

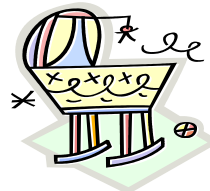
### Infants: Beginning at 6 weeks

To not be considered an infant and not be placed in the 0 to 1 age group, your child must pass the following criteria:

- Able to follow verbal commands given by the staff.  
Be potty trained or wearing a pull-up in order to go to different areas of the YMCA.

**\*\*\*These rules are in place for the safety of your children. If there was an emergency evacuation, we must be able to get all the kids out of harms way as quickly as possible.**

Diapered Children: Child Watch staff will check diapered children every hour for soiled diapers. The parent is responsible for sending their own diapers, wipes, etc.



### Illness Guidelines

1. If your child has had diarrhea or vomiting in the past 24 hours, **please keep him/her at home.**
2. If your child is running even a low grade fever, **please keep him/her at home.**
3. If your child appears to have red, itchy eyes (possible pink eye), **he/she will not be admitted into Child Watch.**