

## Competition Pool Schedule

\* Comp. Pool is open to members every day from Open - 1 hour before close along with any pre-scheduled classes or organizations!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 7:00am	HEAT Swim Team 5:30-7:00 lanes 4-7 open		HEAT Swim Team lanes 4-7 open			Closed	Closed
7:00 - 8:00am		Water Fitness Becky Ward (7:30-8:30)		Water Fitness Becky Ward (7:30-8:30)			
8:00 - 9:00am		Aqua Jog Becky Ward (8:30-9:00)		Aqua Jog Becky Ward (8:30-9:00)			
9:00 - 10:00am	* Water Fitness June Bryngelson	* Water Fitness Dawn Owens	* Water Fitness June Bryngelson	* Water Fitness Dawn Owens	* Water Fitness Becky Ward	HEAT Swim Team 8:15-11:15am lanes 5-7 open	Closed
10:00 - 11:00am	* Water Fitness Bonnie Belanger	*Finning Sue Trepinski	* Water Fitness Bonnie Belanger	*Finning Sue Trepinski	* Water Fitness Sue Trepinski		
11:00am - 3:00pm	Open Swim (all lanes available)				Closed 1-2pm	Open Swim	Open Swim
3:00 - 4:30	YMCA Swim Team lanes 7-8 open	YMCA Swim Team lanes 7-8 open	YMCA Swim Team lanes 7-8 open	YMCA Swim Team lanes 7-8 open			
4:30 - 5:00	YMCA Swim Team lanes 7-8 open	YMCA Swim Team lanes 7-8 open	YMCA Swim Team lanes 7-8 open	YMCA Swim Team lanes 7-8 open	YMCA Swim lanes 7-8 open		
5:00 - 5:30	HEAT Swim Team lanes 6-8 open	HEAT Swim YMCA Swim Lessons *H2O aerobics 5:00-5:30 lanes 7 & 8 open	HEAT Swim Team lanes 6-8 open	HEAT Swim *H2O aerobics 5:00-5:30 lanes 6-8 open	HEAT Swim Team YMCA Swim Lessons lanes 7&8 open	Open Swim	Open Swim
5:30-6:00	HEAT Swim Team * H2O Aerobics Jack Dunn *Finning 5:30-6:15 (lane 6) Amy Haga lanes 7&8 open	HEAT Swim YMCA Swim Lessons(Lane 6) lanes 7 & 8 open	HEAT Swim Team * H2OAerobics JackDunn *Finning 5:30-6:15 (lane 6) Amy Haga lanes 7&8 open	HEAT Swim lanes 6-8 open	HEAT Swim Team YMCA Swim Lessons(Lane 6) lanes 7&8 open		
6:00-6:30	HEAT Swim Team * Water Aerobics Shallow Jack Dunn lanes 6-8 open	HEAT Swim Team YMCA Swim Lessons(Lane 6) lanes 7 & 8 open	HEAT Swim Team * Water Aerobics Shallow Jack Dunn lanes 6-8 open	HEAT Swim Team lanes 6-8 open	HEAT Swim Team YMCA Swim Lessons(Lane 6) lanes 7&8 open		
6:30-7:30	HEAT Swim Team lanes 6-8 open	HEAT Swim Team *Deep H2O aerobics 6:30 - 7:30 Marilyn Harren lanes 6&7 open	HEAT Swim Team lanes 6-8 open	HEAT Swim Team *Deep H2O aerobics 6:30 - 7:30 Marilyn Harren lanes 6&7 open	HEAT Swim Team lanes 6-8 open @ 7:00 lanes 1-7open	Closed	Open Swim
7:30-8:00	Open Swim lanes 1-8 open				Open Swim lanes 1-8 open		
8:00-9:00					Closed 8:30pm		Closed 8:30pm